

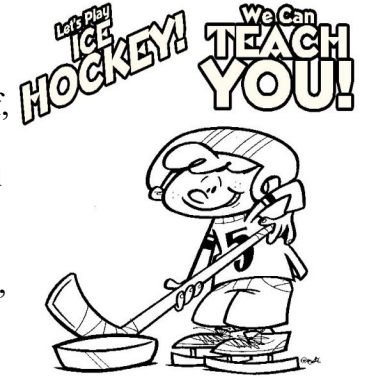


# Learn to Play Hockey Program

## Winter 3 · 2025 Session

### PROGRAM OVERVIEW:

The Hockey Programs are designed for beginner through intermediate hockey players. Led by our elite coaching staff, players will work on all the skills necessary to become a great and complete hockey player. **It is strongly suggested that participants complete our Hockey Learn to Skate program prior to beginning this program.** Every hour session is filled with excitement, hard work, and most of all, fun!



### CURRICULUM:

#### TOT HOCKEY LEVEL

AGES 4-6

STOPPING

HOCKEY STANCE/HOCKEY POSITION

STICK HANDLING/PASSING

SHOOTING/TURNING

FORWARD STRIDES

50 MIN INSTRUCTION/10 MIN SCRIMMAGE

#### TYKES ON ICE LEVEL

AGES 6-8

STOPPING

CROSS OVERS AND HOCKEY STOPS

STICK HANDLING/PASSING/SHOOTING

FORWARD & BACKWARD STRIDES

INSIDE & OUTSIDE EDGES

50 MIN INSTRUCTION/10 MIN SCRIMMAGE

#### HOCKEY DEVELOPMENT LEVEL

AGES 8 and UP

STOPPING

FORWARD & BACKWARD STRIDES

STICK HANDLING/PASSING/SHOOTING

INSIDE & OUTSIDE EDGES

CROSS OVERS

50 MIN INSTRUCTION/10 MIN SCRIMMAGE

**See other side for session schedule and further details**

**FOR MORE INFORMATION, CONTACT US:  
INFO@PECONICICERINKS.COM/631-953-6300  
WWW.PECONICICERINKS.COM**

# SCHEDULE:

## Tot Hockey, Tykes on Ice, & Hockey Development

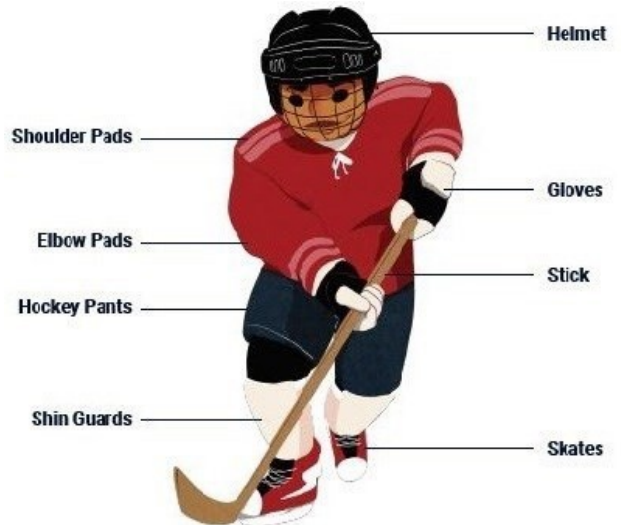
		<u>Mondays</u>		
Winter 3, 2025	January 13-February 17	4:30– 5:30 PM	6 Weeks	\$162
Winter 4 2025	TBD	4:30– 5:30 PM	TBD	TBD
		<u>Saturdays</u>		
Winter 3, 2025	January 4-February 22	9:30-10:30 a.m.	8 Weeks	\$216
Winter 4, 2025	TBD	9:30-10:30 a.m.	TBD	TBD



### Equipment Details

- Equipment in diagram is **REQUIRED** →
- As well as hockey socks (or sweat pants), & cup/supporter

All participants receive free public skating time during the semester to practice their skating skills



**Please note:** There are no refunds, cancellations or make-ups. A credit on file will be issued to those with a doctor's note.

Walk-ons (\$35) are only available for classes in which enrollment is not full.  
Participants enroll in 1 day and time for the semester.

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